



Desert Oasis

Rest your weary muscles at Sorrel River Ranch.

BY KARA WILLIAMS

FORGET CAMPGROUNDS—or Moab's strip of budget motels—and rejuvenate your trail-worn bod at the Sorrel River Ranch Resort. A 20-minute drive from Moab, the area's only luxury resort is a working ranch, complete with cowboys, horse corrals, and red barns—as well as whirlpool tubs, gourmet food, and rough-hewn-log king-size beds.

The ranch's desert setting couldn't be more picturesque: 360-degree vistas of sandstone rock formations loom above the banks of the surging brown river and the surrounding valley. Terracotta buttes, towers, and mesas contrast with the technicolor-green rows of alfalfa that spread across much of the 160acre property. Which means you can't go wrong with the views from any of the resort's 55 rooms and suites. Each room also has a breezy front porch and a two-person wooden swing-perfect for kicking back, taking in the scenery, and resting your dogs.

Calorie-starved stomachs are also taken care of at the ranch. Hearty cowboy cuisine fills the menu at the on-site River Grill Restaurant. You'll find rustic tomato soup and eggplant Innvoltini alongside New York strip, rack of lamb, and salmon. Save room for caramel apple tiramisù or chocolate mousse.

After a good night's sleep and a nourishing meal, you'll be ready to work out the lingering kinks in the ranch's spa. With just four treatment rooms, the spa is small but includes amenities like steam showers, saunas, and a menu full of muscle-relaxing massages to choose from.

And while rigorous activity might be low on your to-do list, the ranch's recreational opportunities-tennis courts, horseback riding, white-water rafting-will keep you entertained when the mood for motion strikes again.

For more info, visit www.sorrelriver.com or call 1-877-359-2715.